()Sonova Quark

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This edition ws created for Turbo Charged Party Animal, #415 Completed somewhere around the date of January 21, 2021

November 20, 2021

We spent hours watching the swearing in of Joe Biden and Kamala Harris. It was like receiving a long overdue lifesaving vaccine.

Later in the day we received an email from our group health insurance provider, GHC, informing us that starting on January 25, Darlene and I are eligible to receive the Covid-19 vaccine because we are both 65 or over. In Wisconsin, (I'm not sure if that is the case for all the other states) tier-1b eligibility has been changed from 75 and older to 65 and older. Of course, actually receiving the 1st and 2nd vaccines depends upon availability of supplies and a sound distribution system in place. I have faith that the new Biden/Harris administration will do a much better job of facilitating the manufacture and distribution of the vaccine. That said, I'll count myself lucky if we manage to get vaccinated before the end of March.

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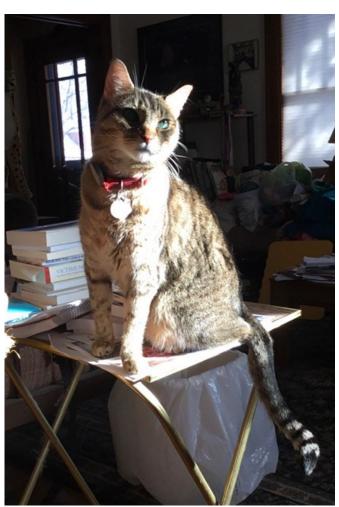
Monsters from the ID, Part 3

Beginning in January I began to feel real emotional relief from intense anxiety attacks that has plagued me since September. A combination of prescribed drugs and EMDR therapy are beginning to help me feel like my old self again. I'm still in the process allowing myself to feel my angst, to recognize them as nothing more than non-threatening emotions and body sensations. I have experienced the fact that the desensitization process actually works. Nevertheless, it remains a slow and drawn out process. Dealing with rabid brain weasels is not fun.

As time goes by I hope to get back into the swing of things and start generating some more interesting wordage. I look

forward to writing about controversial subjects, both large and small. I want to get back to my Orbital Mechanics project as well and all the unexpected spinoffs that accompany the work in this field of research. And, of course, interacting with the rest of you Turbo contributors.

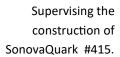
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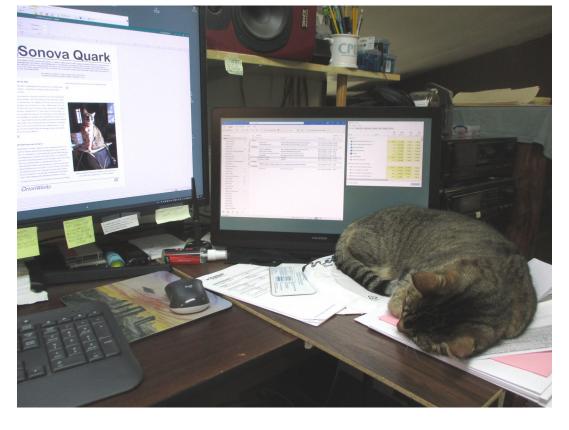


Charm soaking in some rare sunlight as her human servants watch the inauguration. Let there be light!



Sunday brunch. Charm holding out for second breakfast.





Zoey sleeping in a cat tree. Photo not supplied.

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By Darlene P. Coltrain

First of all, thank you Turbo for all the lovely comments on my spacy art, and to Jim for the delightful 'paisley cat' reference a few Turbos back. I hope to have another cover this spring but it has been really difficult to create art for the past year. No conventions, no travel, aging and general aggravation seem to have hijacked my enthusiasm.

In other news Life is good! Fritha and John had a fun and lovely wedding on Zoom with family, family by choice, and dance family from all over the country. She finally made an honest man of him... We miss their visits and performances at the Mediterranean Hookah Lounge but have fallen into regular Zoom get togethers with them and my excellent EX, Charlie and his lovely wife, Shirlee. Shirlee's alzheimers has progressed since I stayed with them for a few days in 2019 after Westercon but she has retained her good nature and par-

ticipates with her own special charm when we zoom.

Steve is telling me that It's now or never to be included... Air hugs and blowing zen kisses... I read and love all the zines!



